

# Press Release

## **Indian ancient wisdom has great potential to help Global healthcare – says Japanese Scientist**

*LICET (Loyola) and NCRM to start research projects among engineering and healthcare faculty*

**30<sup>th</sup> June, 2017, Chennai:** Ancient exercise disciplines like Yoga and Pranayama can help in improving the cardiovascular health contributing to overall well-being, said the Japanese Cardiologist from Hiroshima University, Dr. Tomohiko Kisaka in his lecture titled “International Collaborations in healthcare – My experience in USA, Japan and India & the way forward” in a Seminar on Multi-disciplinary International Collaborations for developing solutions in Healthcare held at the Loyola-ICAM College of Engineering Technology (LICET) inside the Loyola Campus in Chennai, India which was organized by Nichi-In Centre for Regenerative Medicine (NCRM), Loyola-ICAM College of Engineering Technology (LICET) and Edogawa Evolutionary Laboratory of Sciences (EELS), Japan in order to bring together the medical and engineering faculty in the aim of developing an inter-disciplinary research to bring forth affordable solutions in healthcare.

The definition of what Medicine according to “Thirumandhiram” holds good even in today’s world of gadgets and advanced methodologies in healthcare which was acknowledged by the experts who discussed on how research into bringing yoga, pranayama and disciplines like ayurveda into routine clinical rehabilitation can actually add to improvement in quality of life. Dr. Kisaka elaborated on his collaborative work during his current fellowship at the School of International Biodesign (SiB), AIIMS, India which is a collaborative project between Hiroshima University, Japan, UCLA, California, USA and AIIMS, India. His philosophy is centred on mitochondrial respiration in coherence with how the exercise improves muscular blood flow supported by the pumping function of the heart and the oxygen exchange parameters of the respiratory system.

In the near future NCRM, LICET and EELS are planning to join with like-minded institutes to nurture an all stake-holder consortium to start research on the lines mentioned by Dr. Kisaka.

Rev.Fr.Dr.Ignacy Arokyaa (Director, LICET, India), Prof. Dr. Jose Swaminathan (Principal, LICET, India), Mr. Shungo Kuga (EELS, Edogawa Hospital, Japan) and Mr. Kazuya Nakajima (Genotec Inc, Tokyo, Japan) participated in the Seminar.

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